



## **(South West) Limited**

### **Training UK Industry**

### **Course Objectives for N704 Manual Handling**

It is envisaged that by the end of the training the learner will be able to answer questions on and perform the following:

- Have a basic understanding of the industry, the dangers of the industry and their responsibilities as an operator
- State the definition of manual handling, the main causes of manual handling injuries & the reason for manual handling training
- Describe the function and the shape of the human spine
- Describe the function of the intervertebral discs
- Understand the effect of static loading & the risks involved in team lifting
- Demonstrate an understanding of formal and dynamic risk assessment
- Identify and maintain PPE appropriate for manual handling operations
- Conduct all necessary safety checks in the work area
- Describe and demonstrate safe handling techniques

